

YMCA WHITTLESEA DISABILITY SERVICES PROGRAM GOALS



SUPPORT COORDINATION

- Assistance in coordinating or managing life stages, transition and supports
- Be able to fully self-manage my next NDIS package
- Be able to partially self-manage my next NDIS package
- Be better able to use the NDIS Participant Portal myplace
- Better coordinate multiple supports and services
- Create a network of support
- Exercise choice and control
- Have greater opportunities to explore and connect with community and alternative support options
- Have increased capacity to manage/direct their own supports
- Have the capacity of their informal support network strengthened
- Implement their NDIS plan
- Increase Independence in NDIS
- Increase local Knowledge
- Maximise the value for money they receive from their NDIS supports

TRANSPORT SERVICES

- To access the community with the support of staff and engage in a variety of planned activities
- To access facilities to enhance participants health and well being
- To have the opportunity to access transport in a safe and secure environment
- To increase independence, engage with others socially and avoid isolation

WRAP - GROUP PROGRAMS

- Acknowledging when goods/services need to be paid for
- Attempts or participates in all group recreational activities that are unfamiliar
- Develop and maintain relationships within a group setting and socialise with members of the community
- Engage in social interactions and general conversations
- Making payments for goods and/or services
- Take part in unfamiliar activities with encouragements and reassurance.
- Participation in some group recreational activities that are unfamiliar
- Understanding the correct use of money
- Valuing and respecting our peers and accepting others opinions

1:1 HOME BASED SUPPORTS

- Assisting with and/or supervising personal tasks of daily life to enable the participant to live as autonomously as possible
- Be able to do more complex self-care and move towards independent living
- Development of Daily Living and Life Skills
- Ensuring household tasks are performed
- Gain access to healthy foods for a healthy diet
- Gain independence in basic self-care and hygiene
- Integration with technology
- Learn valuable life skills to assist with independent living

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1:1 COMMUNITY BASED SUPPORTS

- Acknowledging when goods/services need to be paid for
- Attempts or participates in all group recreational activities that are unfamiliar
- Develop and Maintain relationships within a group setting and socialise with members of the community
- Engage in social interactions and general conversations
- Making payments for goods and/or services
- Take part in unfamiliar activities with encourages and reassurance.
- Participation in community, social and civic activities
- Participation in some group recreational activities that are unfamiliar
- Understanding the correct use of money
- Valuing and respecting our peers and accepting others opinions

CAMPING PROGRAM

- Attempts or participates in all group recreational activities that are unfamiliar
- Be able to do more complex independent skills and move towards independent living
- Be able to do more complex self-care and move towards independent living
- Develop and Maintain relationships within a group setting and socialise with members of the community
- Engage in social interactions and general conversations
- Gain independence in basic independent living skills
- Gain independence in basic self-care and hygiene
- Take part in unfamiliar activities with encourages and reassurance.
- Participation in some group recreational activities that are unfamiliar
- Valuing and respecting our peers and accepting others opinions

HOLIDAY PROGRAM – WhiSKHA CHILD & WhiSKHA TEEN

- Attempts or participates in all group recreational activities that are unfamiliar
- Be able to do more complex self-care and move towards complete independence
- Become more independent with basic hygiene
- Develop and Maintain relationships within a group setting and socialise with members of the community
- Engage in social interactions and general conversations
- Take part in unfamiliar activities with encourages and reassurance.
- Participation in some group recreational activities that are unfamiliar
- Valuing and respecting our peers and accepting others opinions

HOLIDAY PROGRAM – WhiSKHA MIDS

- Attempts or participates in all group recreational activities that are unfamiliar
- Be able to do more complex self-care and move towards independent living
- Become more independent with basic hygiene
- Develop and maintain relationships within a group setting and socialise with members of the community
- Engage in social interactions and general conversations
- Take part in unfamiliar activities with encourages and reassurance.
- Participation in some group recreational activities that are unfamiliar
- Valuing and respecting our peers and accepting others opinions

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HOLIDAY PROGRAM – WOW & MAX

- Acknowledging when goods/services need to be paid for
- Attempts or participates in all group recreational activities that are unfamiliar
- Develop and maintain relationships within a group setting and socialise with members of the community
- Engage in social interactions and general conversations
- Making payments for goods and/or services
- Take part in unfamiliar activities with encouragement and reassurance.
- Participation in some group recreational activities that are unfamiliar
- Understanding the correct use of money
- Valuing and respecting our peers and accepting others opinions