



SAFEGUARDING CHILDREN + YOUNG PEOPLE at the y

Safe Children

We want to make sure you are kept safe and protected in lots of different ways:

- No one should touch your body in a way that makes you feel uncomfortable.
- Adults should not hurt children - this means they should not hit, slap, shake, punch, bite or kick children.
- Adults should not tease, name call or make you feel bad about yourself.
- All children should be given enough food, have clean clothes, a warm place to sleep and be taken to the doctors when they are sick.
- All children should feel safe in their home.

If you don't feel safe and protected:

- It is OK to tell an adult that you trust
- You can talk to anyone that works at the YMCA
- We can listen to you and help you